

LSAC Committee Minutes

Date 01/02/2022 | Time 18:30 | Location DMTC

Meeting called by Jordanna Marsh
Type of meeting Committee Meeting
Note taker Felicity Slocombe

Apologies

Ben Evans

Main Business

Chair – Jordanna Marsh

- Chair's report –
 - AU GM meeting summary
 - Opportunities fund – been posted about – deadline has passed
 - Next AU GM – they're re-electing the next exec – got a vote as a club – Kath and Andrew have a new member of staff called Dave Crawford – new person to help with AU stuff
 - Would be nice for at least one other committee member to attend this meeting to vote for new exec
 - Any tours need to be risk assessed soon – speak with Haydn about this
 - AU clubs need to make own decisions – too much email traffic – start sorting some things out for yourself – doesn't apply to facility based stuff – **AU phone number: 01509 635053**
 - Archery committee elections 11th-25th March – need to start generating interest
 - Need a GM for around then – meet candidates and ask questions – voting is online
 - Handover to be completed by 8th May – will be online training
 - Kit tender is coming to an end – if you want any playing kit – order it now
 - They asked about how kit could be improved for next time – tender ends July 2023 – last orders Jan 2023 – Caroline Smith is our kit representative if have any issues – during the tender they look at different companies – asking about quality and price – middle ground of both – we want to see longer tops and more inclusive sizing from the playing kit to match the lounge kit – still want pink and purple – they might arrange a specific meeting with us to talk about sizings – need to adhere to government body guidelines – not going to enforce wearing the playing kit if it isn't fit for purpose
 - 23rd February – AU lip sync battle – welcome to attend – Charlotte to advertise it
 - Club photos will be in the first week of May
 - Bringing back club of the month – link in the newsletter – nominate them and get £100 for winning into club account

- Grant funding – not going for it again as not needed
- Club development plans – they want to update them – further info being sent round – Jordanna and Ffion to work on this together
- AU Ball – looking for new award categories – development/teaching, rising star – introduction to the sport
- 21-27th February – volunteer week – push something within the club – contact action to ask if there's something we can do – Chris to do this
- Focus on media sticking to the templates – Robyn has them – generic media templates – if on public domains, can do funky posters for Facebook page
- Another push on Big Match – Robyn to contact about advertising for BUTTS Champs - aumedia@lsu.co.uk
- Coach funding meeting (with Nat and SDC)
 - CVA and SDC people were there – most of our coaches are volunteer students – contingency plan for the future – we have lost a lot of our student coaches – low on our Level 1 coaches – kickstart back into coaching – agreed to fund from SDC money, those that are still students can apply through CVA – 5 funded places – 2 from SDC fund for training alumni coaches (Twinkle and Kat). 3 spaces for student members of the club – doesn't matter if you are a novice (must have at least 2 years left on a course to qualify for the funding).
 - Contingency plan if higher level coaches are out of action, or not able to attend as often. Not much options for other senior coaches in this area who aren't attached to other universities – Nat Merry – from Oxford area, already coaching for another uni but she is a private coach so there wouldn't be a conflict of interest
 - Laura McCartney – asked if she could be on paid coach roster – she is a Level 2 coach – same level as Ash – pay her same level as Ash – one coach for everyday of the week and then Saturdays for competition practice – wants to start for September – will have to get it cleared with AU
- Coaches development meeting summary
 - Attended by any coaches within the AU – dinner and chat
 - Talks and networking, met AU colleagues and development and sporting people (psych, physiotherapy, physiology, nutrition)
 - See how they could help us as a club – nutrition – Amy Taylor – message to connect us with open talks on nutrition who have been paid for by the AU – would be ideal for performance athletes
 - Physiotherapy – SDC connection – 10 free sessions – when and where it is best to have it – prevention as well as treatment – prevention is better – little niggles – for those with BUCS points potential – send in before a big comp – before BUCS finals – can send in 10 people (top 10 scores for qualifying) – sports massage before to relax muscles – expires in October
 - Could use 5 before indoors and 5 before outdoors BUCS – or all for indoors – to be reviewed when we know who is going in – but may not be enough to book in – could have an open booking – book slots rather than people – Ffion to email physio@lboro.ac.uk

- Physiology – strength and conditioning – self-implement – encouraging archers to do it – running to target and back to raise heart rate to train yourself when your body is stressed/under strain
- Collaboration of resources – get other similar sports (shooting and golf) – psychologist for getting us better at pressured situations
- Psychology talk – on pressure – email and enquire for price and what it would entail – Ffion's previous sports psychologist specifically for shooting – Mark Bellamy – Jordanna to email – see if shooting and gold still want to go in on it
 - Multiple talks
- BUTTS champs updates
 - Media coverage – big match etc.?
 - Talked to Robyn about this already
 - Entries
 - Initial list from each club – but still a quite a bit more space for archers – other unis have been offered a max of 21 spaces to fill
 - Tamlyn log in for BUTTS – Ben Evans
 - Been set up for Ben as he'll be here for longest – need to have email resent to Ben from Mark
- BUTTS ball
 - Ball tickets
 - 82 sold – 18 left to sell – open up to alumni and friends and family – Robyn to post on the whole Loughborough archery page
- Consent training
 - Mandatory consent training for current committee – next week – 4 dates you can choose from – held in tennis centre just before session
- Danage put together
 - Sunday 20th 1pm – Charlotte, Tom, Twinkle (double check), Rebecca, Jordanna, Emilia
- Socials for rest of year organisation
 - Need more notice for socials - look at the calendar on OneDrive
- Moving blank boss (from the 27th Feb to Sunday 1-4pm)
 - This is happening – instead of our Monday session – will be Sundays and Thursday
- Cancelled sessions without warning
 - Going to go and complain – just wasn't on the system and weren't told there was a competition on
 - Making up training time – trying to get another session anytime they can fit in

Actions ongoing

- Use of whole cupboard

- BUTTS championships – 12th March 8:00-20:00
- Future coaches plan – to discuss with Ffion

Secretary – Felicity Slocombe

- Secretary's report –
 - Expectations for committee members in passing on apologies and items for the agenda
 - General attitude in the club – cultivating a supportive atmosphere
 - Just keep an eye out for it

Actions ongoing

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Treasurer – Rebecca Mears

- Treasurer's report –
 - Kit donation
 - Laura McCartney – donating kit – list what we have and put in the cupboard and then send list to Emilia
 - Coaching next year
 - Already covered about Laura coaching
 - Gold face stickers – in the cupboard somewhere or target trolley in the tennis centre
 - Hit and miss targets – put in calendar for a Saturday session
 - For early April BUTC Beiter hit and miss? Provisional date?

○ *Actions ongoing*

- Compound release aid – buying one?
 - Not enough interest in novice compound, buy if and when is needed
- Ash's invoice for coaching – message Ash to ask for payment details
- Strings, risers and limbs to purchase

Development Officer – Ffion Edgeley

- DO's report –
 - Points discussed in Jordanna's section
 - Have had novices at blank boss which is great

Actions ongoing

- ASS seminars: goal setting (Ash), anti-doping, sports psychology, strength training, bow tuning (Tom C), outdoor comps (Ben)
- Date for another trip to Merlin (on a weekend day) – can help with advice on what to buy
- Intermediate kit – buy more light limbs
- Recording coaching given to members so all coaches can access the notes
- Organize coaches meeting for beginning of February – talk about the club and performance focus
- Email to tennis centre about loud music being played during sessions – safety issue
- Performance programme
- Maggie on the booking system
 - Jordanna to chase up
- Archery equipment from Merlin – has it been ordered?
 - Have a talk about what we need (Ffion, Ben and Jordanna) – kit for two novices still on wooden bow

Team Captain – Ben Evans

- TC's report –
 - BUCS indoors qualifier transportation
 - Still waiting on Andrew to confirm transport
 - Would be okay in cars but they would be packed – would have to book hotels if we do this – **RING TO GET ANSWER**

Actions ongoing

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Equipment Officer – Emilia Stonebanks

- Equipment Officer's report –
 - Someone to take the session tomorrow
 - Rebecca can
 - Still need to buy fabric and make flags – need them before Ex vs. Current in May
 - Ripstop nylon – look on ebay
 - Went to B&Q – talk to Ben about cheaper options about A frames – this option is too expensive – want ones on a pole and paint the warning onto the sign – arrowsocks – google warning archery sign – Ffion sending the link
 - Intermediate limbs – next time at a session Jordanna and Emilia have a chat

Actions ongoing

- Buy poles for fencing off the field - bought

- Want another metal detector
- 252 scheme for progressing on to next distance
- Check poundage of limbs in cupboard – want 24-30lbs for novices to use in outdoor season
- Start fixing arrows again
- Felicity and Jordanna to make flags

Tournaments and Records Officer – Harry Morton

- TO's report –
 - Haven't heard anything back from Ex vs. Current – Kath swift may be getting confused about us wanting indoors when we went the field - **JORDANNA TO RING**

Actions ongoing

- BUTTS ultimate archer – post after Christmas (BUTTS e-league) – ask Ben when it will start
- Book field for Ex vs. Current – waiting for reply from AU – Sunday 22nd or 29th May

Social Secretary – Haydn Lloyd

- Social Secretary's report –
 - LGBT club night - Saturday 19th
 - Having a pre drinks session – post tonight and then talk about in session – ask if anyone has location we could pre at
 - Loughborough walk next week
 - Scenic walk to clam the mind! Wellness walk
 - Around Loughborough
 - Spoons Thursday 24th
 - Have the week after to spread out – Amber Rooms quiz on Thursday evenings
 - Have a chat with jordanna about socials for rest of the year

Actions ongoing

- BUTTS ball
- LSAC ball
- Tour
- Plan for refreshers socials – advertise and work with Robyn for posters to advertise any socials
 - End of next week – need to advertise – no drinking events prior to comps
- February socials
 - Pancake day social
 - Walk to Bradgate
 - Plan now exams are done
- Formal after Ex vs. Current competition

Welfare Officer – Chris Marfell

- Welfare Officer's report
 - No new items
 - Fill out risk assessment for charity have-a-go
 - Still need to sort charity money
 - BUTTs cake sale – post next week

Actions ongoing

- Money to pay in for charities – Rainbow Children's Hospice - £152.33 – need to find out who to email
- BUTTs cake sale organising and advertising – Robyn to make a poster
- Charity open shoot

Media Officer – Robyn Griffiths

- Media Officer's report –
 - Photographer – David Richardson doing this
 - Tour – driving arrangements
 - Ball meeting for organising decorations – Thursday from 5:30pm
 - Money from selling badges – give to Chris – get it logged

Actions ongoing

- Weekly challenges for Saturday sessions
- Meet the committee details – photos needed
- Tour t-shirts

Novice Representatives – Adam Pugh & Charlotte Martin

- Novice representative's report –
 - Nothing to report
 - Adam – range order suggestions
 - Bio for meet the committee

Actions ongoing

- Helping with socials organising

AOB

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Actions ongoing

Session Rota

Date	Session Taker	Location	Time	Notes
Saturday 19/02/2022	Adam	DMTC	18:00-21:00	
Monday 21/02/2022	Haydn	DMTC	20:30-22:30	
Tuesday 22/02/2022	Chris	DMTC	20:00-22:30	Maggie coaching
Wednesday 23/02/2022	Adam	DMTC	20:30-22:30	Ash coaching
Saturday 26/02/2022	Jordanna	DMTC	18:00-21:00	BUCS Qualifying happening on this date
Monday 28/02/2022	Ben	DMTC	20:30-22:30	
Tuesday 01/03/2022	Ffion	DMTC	20:00-22:30	Maggie coaching
Wednesday 02/03/22	Harry	DMTC	20:30-22:30	Ash coaching